

Inside Westside - Newsletter Contributor

Westside is seeking contributors from our tenant community to write stories and articles for the Bi-annual *Inside Westside* newsletters. These are published and distributed every year in winter and summer.

We want stories written from personal experiences - information that is relative to the people reading it and their lives. Our tenants are the best people for this job!

In return, Westside will:

- Reimburse out of pocket expenses relating to you undertaking the research and writing (pre-approved: including fuel expenses (km log book) and activity/entry costs)
- Support you with skill development, volunteering experience and other aspects relating to entering the workforce or volunteering roles.

Article Brief - Winter 2018

Subject ideas

- Report on a community service/activity/program in your local area that is being offered by a local sporting club/community centre/library or other service.
- Report on a person story or experience that may be of interest to our tenant readers.
- If choosing a community service/activity/program, it should be low cost or free.
- You will be able to take photos and provide a story on your experiences. Including:
le: Cost, how long it took/hours pw, how far it was from your house, how you got there and home, how it made you feel, the skills or experiences you got from it, if it had a longer term impact on your life/fitness/skills etc.
- The activity/story you choose should relate to your age, interests and life.

**Please discuss/email your idea with Alex (Sustainable Communities Project Officer) prior to undertaking the research and story (for concept and expenses approval).
community@wha.org.au or 08 8155 6082.*

le: Mark is a 65 year old pensioner who stopped working a few years ago. He wants to be more active with people his age. He decides to join Men's Shed 5 blocks away, and visits once a week for 4 hours. His involvement slowly improves his happiness, mental health, he makes new friends in his local area and he learns new skills with woodwork.

As a contributor

You need:

- A computer and internet connection (to write the story and correspond with us electronically)
** If you do not have a computer, a Westside Tenant Laptop can be offered on loan for up to 2 weeks at a time.*
- A valid National Police Clearance (within the last 12 months)