

# WORKS PROGRAM



MAKING A  
DIFFERENCE  
SINCE 2008



## WHAT'S WORKING WELL Wellbeing and Resilience Workshop

COVID-19  
UNEMPLOYMENT  
SUPPORT

SMALL GROUPS  
10 PEOPLE  
OR LESS

FREE ONE-DAY  
INTERACTIVE  
WORKSHOP

Have you become unemployed as a result of the COVID-19 pandemic?

Renewal SA's Works Program is offering FREE, one-day, interactive workshops aimed at increasing your wellbeing and resilience to help you successfully navigate the job market.

### ABOUT THE WORKSHOP

These workshops have been subsidised by Renewal SA's Works Program at **no cost to participants**.

What's Working Well workshop topics include::

- ▼ The Growth Mindset and how to improve your adaptability
- ▼ Future-proofing your career planning
- ▼ Networking to unlock the hidden job market
- ▼ Writing cover letters, resumés and online job applications.

### ELIGIBILITY CRITERIA

This workshop is available to people who have become unemployed due to the COVID-19 pandemic.

### WHAT TO BRING

Participants are required to self-complete an online survey and bring their results to the workshop.

### WHAT'S INCLUDED

Participants will receive take away workshop materials.

Lunch will be provided – let Jen know of any dietary requirements when registering.

### WHEN AND WHERE

These one-day workshops run 9.30 am – 4.30 pm Tuesdays in the areas listed below.

- ▼ Brompton 28 July 2020
- ▼ Munno Para 4 August 2020
- ▼ Port Adelaide 11 August 2020
- ▼ Woodville South 18 August 2020
- ▼ Mitchell Park 25 August 2020

### REGISTER NOW

Be quick – spaces are limited to 10 people per workshop!

**Contact Jennifer Miron:**

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